

Expecting?

We can help you feel more prepared

Come learn about:

- Breastfeeding
- Birth Planning
- Becoming a family
- Healthy pregnancy
- How to keep your infant safe
- Postpartum changes

Prenatal Classes begin soon!
Call now! 1-800-563-2808 ext 3201

North Bay Parry Sound District
Health Unit



Bureau de santé
du district de North Bay-Parry Sound